Beauty Chats - By Edna Kent Forbes

The Joy Of Life

One of the most interesting of recent books is a volume on the necessity of cheer and joy in modern life.

The author is both psychologist and will gladly do as you wish. physiologist, consequently pre-em-inently able to discuss a subject like this from both its angles.

Of course, the toxic, or poison effect of anger is well known, that it creates acids in the system which ruin the digestion, act against the nerves, depress the mind, and gen-erally cause havor with the system, However, the tonic effect of joy has been studied less by doctors; while ognizing its value, they have not bothered so much to study out its actual physical effect.

Change from unpleasant to happy surroundings has made many a homely girl into a most attractive one, simply because she became happy, and radiated happiness around her. Contentment made her eat better and sleep better, aiding the physical working of her body, so improved health meant improved looks

Have you ever heard a certain woman described as being full of "the joy of life"? Such people are more popular than any of the spoiled and sullen beauties of the day. If you want to be truly beautiful-be happy. Whatever there is in your life that is unpleasant, or unbearable, cast it out. Run away from it, if that's the only way to escape it. Work to make your own lot con-tented and with increasing happiness you will inevitably notice increasing

And if you can feel this joy of be-ing alive within yourself and unconsciously radiate it to the people you meet, you will be called pretty and popular. The pleasanter things of dirk, nearthy type of girlf I cm annetteen, and usigh 156 pounds.—Mark. It is true philosophy that in life one gets what one gives, and it is worth while cultivating cheerfulness to reap happiness in return.

Questions and Answers

Pleass write a Chai on the bad effects of too many sada-counter drinks. I sort of goods, where the color will be rich.

STUART HOLMEN'S reputation as

he goes. He never realized it until s few days ago, when a strange thing happened to him In New York,

Holmen was in the city between scenes in "Under Two Flogs," the William Pex photodrama, in which he plays Chatcauroye, the villian. Walking along Forty-sixth street, he saw an stange rolling down the sidewalk by his side. He stopped and picked it

p, then saw that it belonged to a

little boy, who was coming down the street with his mother, and walked to-

NEWS NOTES -- MY

· · 69 DAISY DEAN

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Two outlines of new water works systems are in the hands of the ciry council. One is a revised petition submitted by Jonathan bodge and his associates while the other is a rough draft of a proposal by Dr. Book. The cutlines were placed in the hands of the city council with a view of extablishing a municipal owned plant, that would have its own wells on the mera above the city and obtain a pure supply of water. County afterney Maury Kemp left to-day for California,

Mr and Mrs Charles Zelger returned this morning from San Antonio. C. E. Asche, judge of the 11th judical district, arrived in the cits from Houston.

14 YEARS Ago Today

cal district, arrived in the city from Houston.

The revival meetings at Second and Kansas streets are constantly increasing in attendance.

Wm. Larson, of Bowie, Aria, arrived in the city to join the Quien Sabes club who will leave for Salt Lake.

C. E. Stiles, of the El Paso and Southwestern railway, left this morning on a business trip through New Mexico and Arizona.

Ernest Winter, a young member of the Border Rifles, accidentally shot himself in the Ruce yesterday afternoon while practicing with a pisiol on Mt. Franklin.

J. W. Magoffin was thrown from his burgy on Oregon street last night, his horse turning too quickly and breaking the shafts. He was unbiliered except for a few brilies.

Commander E. F. Burges of the local Sons of Confederate Veterans, is falking up among the members the propesition of evertime a monument to the confederacy in El Paso.

Charles Mehan leaves tonight for Boston, Mass, seconpanied by his family for the purpose of taking the position of chief of impectors of the government immigration office in that city.

Ben S. Catlin, who was so severely

The arident occurred when Mr. Cashin was taking a trainload of cattle to Canada
According to a dispatch from Spokane. Wash, Harry Tracy, the noted outlaw, shot himself through the head after he had held off a posse for several hours. The death of Tracy marked the end of the career of one of the most hoted bandile in the country.

Tomorrow night the Quein Sabe club of the Eliks will leave for Sait Lake City, Utah, where the national convention will be held within a few days. The Albuquerque order of Eliks will cooperate with the El Pase londse in a parade in an attempt to take first prize at the convention.



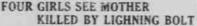
El Paso banks handled \$2,527,747.14 during the past week, according to the clearing house statement which has been issued by the Clearing House as-



The value of parks for El Paso was never better demonstrated than on Sunday afternoon, when bundreds of people were seen resting on the grass in Carnegie and Cleveland suares. Children played about on the grass and men and women loiled about in the cool of the trees and all seemed to be getting great estisfaction from it.



Florence, Ariz. Aug. 7.—Thomas Deering, a Florence attorney, lost in the hills for 40 hours, managed to reach the state highway, where he sank faint for lack of water or fond. Soon thereafter he was picked up by a parsing automobile and brought home, where he is reported recovering. His trail had been taken up by a shirtliff a posse, but was lost. If a posse, but was lost



Prescott. Aris. Aug. 7.—During the past two days lightning has taken toll of two lives in this vicinity. Mrs. Frank M. Lane was killed while closing the farm gate in front of her Skull valley home, in full view of her four daughters, and at Puntenney a Mexican and three horses were slain by a single bolt. It is notable that both victims were in the own at the time.

HOROSCOPE.

Tuesday, August 8, 1916. A STROLOGERS read this as a lucky day. Neptune rules strongly for good and Mara is in benefic aspect. Sajarn is diverse, but the evil influence is not strong. The sign favors great activity in constructive and mechanical matters

Structural iron workers, bridge build-

Structural from workers, bridge builders and contractors should benefit.

There is a promostication of organization that appears to be based on lines of cooperation in which many branches of work will be concerned.

Medicine and surgery should profit under this sway of the stars. Much work for those who relieve suffering is indicated for the United States. Hospitals will focus attention.

The rule is good for whatever concerns children. Their importance as wards of the nation will be dwelt on by statesmen and reformers, who will aid widespread reforms. Orphan asylms will furnish sensations when investigated.

The adverse aspect of Saturn is held to be had for those who work under ground and dangerous for the aged, who may suffer arcidents. Suicines may increase surprisingly, as the days become shorter. Strange and peculiar deaths for noted persons also are indicated.

The adverse aspect of Europe, although zrowing sentiment is indicated. Stirring events, discussion of millitary offairs and sensational happenings in Washington are indicated by the stars.

Colonial troubles of some sort are

rovafty.

Religious scandals and extraordinary litigation are prophesied for Washing-

Athletic events and singing were features of an outing heid Sunday at scollingswood grove, five miles below the city, by some of the members of the Intermitional Typographical union of El Paso.

The members left El Paso early Sunday morning and remained at the grove during the day, an Interesting program having been prepared.

"A mulligan" stew was served at noon.

The members left was served at noon.

DANISH ISLANDS GROWS

Krazy Kat











DEAR MR. KABIBBLE MY HUSBAND HAS DESERTED ME -HOW CAN I GET HIM TO COME HOME AND STAY HOME ?

OFFER HIM \$10,000 TO RETURN. GIVE HIM THE MONEY IN ONE DOLLAR. BILLS. WHEN HE IS COUNTING IT, INTERRUPT HIM AND HE'LL HAVE TO KEEP COUNTING IT OVER AND OVER. HE WILL NOT LEAVE HOME THE HE 18 SURE YOU HAVE NOT CHEATED HIM

Bedtime Story For the Little Ones

UNCLE WIGGILY AND THE SNAKE. By HOWARD, B. GARIS.

NE day, when Uncle Wiggily Longers, the gentleman rabbit farmet, was walking about his fields watching the corn, beans and polatoes growing and getting ripe, so they could be picked and cooked by Nurse Jane Fuzzy Wuzzy, the muskrat lady housekeeper, he saw something moving along through the grass just ahead of him.

"Ha! I wonder if that is any of my friends" he asked himself, half aloud. But he could see no head or cars sticking up above the grass and know.

"He lowered the bucket down into the

and the snake coiled up like a pin cushion. "Please!" he said, gentle like and pleading.

"Oh, well I guess you may stay all right," spoke the hunny uncle. "My farm is large enough, I'm sure. Stay and enjoy yourself."

"Thank you," softly hissed the snake. "Some day I may do you a favor." "Fray do not mention it," remarked the hunny uncle politely. Then he went on ever his farm, and the snake crawled along his way and tried to think of some means of doing a kind act for the bunny gentleman.

After he had looked at the pork and beans grown. Oh, excuse me, if you please, pork and beans don't know to gether! You have to mix thom afterward, just as you do succotagh. Anyhow, after lincle Wigglity ind satched the things growing on his farm be went back to the hellow stump.

"The lew Wigglity" cried Nurse Jane, as she saw the bunny gentleman coming along the patch. "I'm as glid you're back." I'mele Wigglit wanted to know. "Did a bad fox or the unpleasant car-scratcing cat try to make trouble for you."

"The nothing like that," answered

ESPANOLA VALLEY ORCHARDS ATTACKED BY GRASSHOPPERS

ATTACKED BY GRASSHOPPERS

Santa Fe N. M., Aug. 7.—The third crop of grasshoppers has attacked the Espanola valley in such numbers as to aweep some of the fields clean. Each surcessive grasshopper crop seems to be more numerous than that earlier in the year. For some years now farmers and orchardists have wrestled vainly with the pest.

Figovernor L. Bradford Prince in his orchard and on his runch at Angostura, has tried every remedy, from laying poison around the fields, to ducks and hopper doriers which caught the grasshoppers by the millions, but left enough to breed new myriads and lost as many as 2400 orchard trees hind set out, for the grasshoppers did not stop at devouring alfalfa but attacked the leaves on the trees also.

REGISTERING AS DEMOCRATS

tering as Democrats, merely to vote at the primaries, supposedly for George Olney, as against governor Hunt. This practice is frowned upon by the He-publican central committee, as taking from the apparent strength of the par-ty. In response to a number of rety. In response to a number of requests to change the political rating of registered voters, county recorder Vinson has declared in the negative with the exception made of Progressives, who now are without a party.

ARIZONA LABOR MEN MEET

IN TUCSON; 100 PRESENT
Tucson Ariz. Aug. 7.—The Arizona
State Federation of Labor is meeting
in Tacson this week, with about 100
delegates present. The past year is dechared to have been the most prosperous ever known in Arizona labor circles, with great gains in membership in
Risbee, Clifton. Morenel, Globe, Miami
and Oatman. Several camps have been
completely unionised.
Legislative business is considered the
most important to come before the convention, especially the passage of three
union measures initiated for submission at the coming state election.

WHISMAN CHOSEN PRESIDENT NORTHERN ARIZONA FAIR

ed preadent in his stead, with J. H. Robinson as secretary. The vice presidents are Hugh Campbell, of Coconino county, Ed Sawrer, of Navajo county, and Fred Coulter, of Apache county, The fair this year is to be held October 19, 20 and 21.

DRUNKEN MINERS SHOOT INTO HOUSE; GIRL DYING

Tueson Ariz. Aug. 7.—Josefins Pinfey, aged 26 is dying in St. Mary's
hospital from the effects of a bullet
wound through the head, received Priday at the smelter camp of Sasco. Witsesses who brought her to Tueson by
automobile tell that drunken Mexican
miners from Silver Bell, after leaving
the house where the first temporarily
was stopping, turned to fire three shots
at the closing door, one shot finding
lodgment in the girl's temple. The
miners are being hunted for by posses
in both I ima and Pinal counties.

MORE VEGETATION BURNED FROM THE MOUNTAIN SIDE

Militiamen from Camp Stewart, climbing Mount Franklin from the east side, set fire to the dry vegetation at a point directly west of Camp Fort 1938s Sunday and the fires burned until late. Sunday night, evidently destroying a great deal of growth on the side of the range.

"I quarreled with my wife vesterday and we haven't spoken since."
"Why don't you make up."
"I'm going to All I'm worried about now ix the indemnity."—Judge.

The Daily Novelette

OH, SPLASH,

A girl can't help her looks, but her looks can help her,-Prof. Simp. THE face of Rudolph Setback and-

dealy grew white as a sheet. He couldn't swim a stroke, he could barely sink, and the woman in the water below him had suddenly thrown up her hands and disappeared. "Help! Help! Help!" yelled Set-

back. Though no awimmer, he was & perfect yeller, and a lone fisherman,

Index found-keeper, he saw something moving along through the grass just abend of him. "He! I wooder if that in any of my friends." He asked himself, half aloud. But he could see no head or care the could see no head or care the first has selected and himself, half aloud. But he could see no head or care the first has selected and himself, half aloud. But he could see no head or care the first has estable the man between and hirds have speak the first has estable the man before and along the first has estable the first hand asked him to do. He however the houtest down hat the man bear meaning the first hand the "COOKERY IS BECOME A NOBLE SCIENCE"



By CONSTANCE CLARKE.

fat, season with salt and pepper, farce it with herb farce, roll it up BROWN GRAVY-Fry two table and fix two or three skewers in it to spoonfuls of flour with two tablekeep it in shape; then lard with spoonfuls of butter and three toms-

spoonful of chopped herbs (thyme, and use.

tablespoonful of butter, one egg, salt and pepper; mix well and use.

ing pan and roast for about forty- three cups of good flavored stock five minutes; keep it well basted. | made from cooked meat bone; stir HERB FARCE-Mix three cups of till it boils and reduces one-fourth, fresh bread crumbs with one table- keeping it well skimmed; then strain

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Of Elastic and Spring Trusses IN TUCSON, 100 PRESENT such Misery-Causing Makeshifts Are principle. It is far more than just a trues, son, Arin, Aug. 7.—The Arizona the Ruptured Man's Worst Enemies Instinctive and automatically protects you principle.



Den't Buy Anything for Rupture Without This Giving It a Thorough Test.

There a only one reason in the world why permit you or any one of any or ever gets soulded up it with good-for nothing makeshifts.

A trues or so-railed "appliance" may seem alright when you freet its in we and after-seed prove utterly worthless. The only may you can ever make sure of exactly what you are getting in by slaty days frint—a thorough day after-day had.

That's our guaranteed supture holder.

We'll make you a guaranteed rapture holder-make it to your negoure and let you give it a thorough forday that will out asking you to risk a cent-

And in addition to constant holding without which you can never set well or even
not better, just as a benfan bone can't knit
interes constantly held together—in addition
to that the quality held together—in addition
discovered, for overcoming the weakness
which is the real cause of raptura.

Just, how it does that—entirely automatically—is explained in the free book which the
coupen below will bring you.

Will Save You From Operation The Chiche has such a remarkable transfermed and hundreds and hundreds and hundreds a people whose cases seemed almost hope-

It has so thereughly proved its merits that many physicians in all parts of the country form.

It explains the deagers of operation, And there you when if you monage to live brough it, you may have to keep on wearing

The selimits is taken in write for this six may make a his difference in the rest your life. Then't fall to get ft.—lust use a coupon or simple say in a letter or stal 'Send me your book."

THIS BRINGS IT-

Box 328-CLUTHE COMPANY

A Bran That Tastes Good

DOROTHY GISH

TURNS HEROINE

table. But this "cooked bran" is delightful served from the package with cream and sugar, with cereals or

Kellogg's Bran

get the healthful bran habit. Every one of you need it. Ask your grocer for Kellogg's Bran "Cooked."

In green package with red scals The Kellogg Food Company Battle Creek, Mich.



Your family should



Ad A3-70 l. x 1 col.

Raw bran is not pala-

"Why did she break the engagement"
"Seems he mailed her a love letter in one of these envelopes with a glam front"—Louisville Courier-Journal.

ON THE WATCH.

Maud: Would you object to a husband who smoked in the house?

Maxie: Most dededly. But 1 shall keep quiet about it until I get one.—
Boston Transcript.



Sow cheerfulness, and reap both beauty and happiness as reward

he two were lifted back

ward him with the orange.

The child held out his hand, and Holmes reached the orange toward him. Tach the woman started.

"Bon't take that orange Willle," she said. "He'sa bad man, and there's to telling what he's done to it. Holmes was pursled.

"I haven't had a chance to do anything to it." said Holmes, "and H I had, why should It."

"I've seen you do things worse than that in the movies," said the woman and I won't trust you now."

Willie began cryins, the woman dragged him down the street, and Holmes ir mained metionless, with the orange in his hand.

"Being a villian has its drawhacks," said Holmes in telling the story afterwards, "but that was one of the best cranges I ever ate."

TURNS HEROINE

Dorothy Gish, the nepular little
Fine Arts star, is quite a heroine.
She rescued Natalle Talmadge, sister
of Norma and Constance Talmadge,
foom drowning.

Dorothy was working in a messe for
"Gretchen Blunders In." The comrany was taking scenes in a mean
launch about a mile from San Pedro
harbor. Dorothy was going through
harbor. Dorothy was going through
harbor. Dorothy was going through
harbor do disch into the scene when
the boat make a lurch and she was precipitant into the water.

Without a mament's hesitation Dorothy plunged headlong from the boat
and struck out for Natalle, who cannot swim. Dorothy turned the helpless
girl over on ber back, and, holding her
with one hand, struck out for the
Isimch, which had been stopped. She
was met by the men members of the
Frederick Warde.

Frederick Warde.

Frederick Warde.

Frederick Warde.

Frederick Warde.

Frederick Warde.

Time to this
from the land popularly supposed to be
inhabited exclusively by laundrymen.

It is a clipping from the June 8 issue
the Paking Gazette, which is printed
in both Chinese and English.

Surely it is time the magnales of
the cinema world paid some attention
to English. Mistakes of spelling,
grammat and swintar are only too frequently displayed on the ocreen. The
worst sinners in this respect are, of
course, the makers of these
pictures is marred by a constant succession of annoying and childish mistakes in English. You must bow the
will to his' is typical. Even the charand struck out for the
lainch, which had been stopped. She
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IN THE MOVIES

Frederick Warde, the eminent Shaksperenn actor, has taken up motion picture work with the same enthusiasm he always exhibited during his activities in the spoken dranin. Mr. Wards insists upon chronological accuracy in all the details of the picture in which he appears. He has recently sent to England for a shipment of antique furtiture and old family heitlooms to be used in "The Vicur of Wakefield," which he is to complete for the Thanhouser people at the end of his Chautauqua season in September.

Aggregate Age Of Seven Bachelors Is 400 Years

Williams, Ariz. Aug. 7. Seated to cether in a local theater at an evening performance were found seven backelors who collectively, have been resident in this locality for 150 years and whose ages aggregated 400 years. It is assumed that no seven local benedicts assumed that no seven local benedicts for elydowed for England. An engage pent or a marriage is pressed for wordly.

PRINTERS HAVE "MULLIGAN"

MESSENGER BOY HIT BY AUTO:

HIS BICYCLE IS DEMOLISHED

J. D. Prieto a messenger boy had a narrow escape from injury Sunday morning when he was struck by an automobile at Mesa and Mills street and his bicycle demolished. No charges were made against the driver of the car who is unknown by Prieto.

Prieto was en route up Mesa avenue when he was struck by the automobile.

NOT TO MILLER.







Saratoga Roll

TAKE two or three pounds of flank | bay leaves, paraley and sage), add steak, remove any unnecessary one large onion chopped fine, one

lardons of fat bacon. Put in a bak- toes till a brown color, then add

To-morrow-Home Baked Nut Bread.

Law Should Stop Sale

And there's only one thing of any aind powhatever for rupture that you can # t on to such a long trial-

This guaranteed rupture inider—the fa-mous Ciuthe is made on an absolutely new